

# FAMILY CONVERSATION STARTERS

TELL ME SOMETHING ABOUT YOURSELF THAT YOU THINK I MIGHT NOT KNOW.

IF YOU COULD CHANGE ONE THING ABOUT OUR FAMILY OR YOUR SCHOOL, WHAT WOULD IT BE AND WHY?

WHAT'S YOUR DREAM VACATION?

WHERE IN THE WORLD DO YOU FEEL MOST COMFORTABLE?

WHAT IS ONE THING YOU WOULD LIKE TO LEARN HOW TO DO?

IF YOU COULD SET 1 RULE FOR OUR FAMILY THAT EVERYONE WOULD HAVE TO FOLLOW, WHAT WOULD IT BE?

WHAT HAVE YOU LEARNED IN LIFE SO FAR THAT YOU FEEL WILL BE THE MOST USEFUL?

WHAT HELPS YOU WHEN YOU ARE FEELING STRESSED, ANXIOUS OR HAD A TOUGH DAY?

???

NATIONAL DRUG &  
ALCOHOL FACTS WEEK

PARENTS, KEEP THE FAMILY TALKING, FIND MORE RESOURCES HERE ON OUR WEBSITE. ----->  
OPEN CONVERSATIONS AT HOME OVER SIMPLE THINGS OPEN THE DOOR TO TALK ABOUT HARDER THINGS LIKE DRUG AND ALCOHOL USE.

