**April** 2024



# Working Cogether improve SAFETY & QUALITY of LIFE in OUR Community







### BREAKING DOWN THE SCIENCE BEHIND CANNABIS TRENDS



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### PUBLIC VIEWING OPPORTUNITIES

SOUTHEAST NM COLLEGE 1500 University Drive



MARCH 18, 2024 3:00-4:00PM

Room 101 (Main Bldg)



APRIL 8, 2024 2:10-3:10PM

Room 153 (Instructional Bldg)



DR. JASON KILMER

### **OBJECTIVES**

- 1. PARTICIPANTS WILL BE ABLE TO **IDENTIFY A**SCREENING MEASURE FOR CANNABIS USE DISORDER
- 2. PARTICIPANTS WILL BE ABLE TO **DESCRIBE AT LEAST**THREE RISKS/OUTCOMES ASSOCIATED WITH
  CANNABIS USE
- 3. PARTICIPANTS WILL BE ABLE TO IDENTIFY AT LEAST ONE PUBLIC HEALTH OR PREVENTION OPPORTUNITY/APPROACH FOR USE IN THEIR COMMUNITY



### **APRIL IS ALCOHOL AWARENESS MONTH!**

88,000 PEOPLE DIE FROM ALCOHOL RELATED CAUSES EVERY YEAR [62,000 MEN & 22,000 WOMEN]

ALCOHOL IS THE THIRD LEADING **PREVENTABLE**CAUSE OF DEATH IN THE U.S.

COST THE U.S. \$249 BILLION

IN 2009, ALCOHL-RELATED LIVER DISEASE WAS THE PRIMARY CAUSE OF 1 IN 3 U.S. LIVER TRANSPLANTS.



HOME TO KEEP OUT OF UNDERAGE HANDS!

NEED A CABINET LOCK? ASK OUR STAFF!







### **Coalition Connection Newsletter**

### SPF -STRATEGIC PARTNERSHIP FRAMEWORK

**Description:** SPF is a 5-year federal grant that focuses on reducing underage drinking and substance abuse. We implement the All-Stars curriculum with middle school students, which is an evidence-based curriculum that is designed to change qualities that research shows accounts for why adolescents engage in risky behaviors. The various All Stars programs address the following qualities: normative beliefs, personal commitment to not use, positive relationships attentiveness, beliefs about consequences, idealism, positive character, goal with peers and important adults, parent/adult setting skills, decision making skills and resistance skills.

### (Prevention in Motion) – 300,000.00/yr Joana Wells / Tiffany Shirley / Esther Hernandez / Hannah Ornelas

This month the Teens in Action joined together to create ideas for the Spring Break Challenge. The objective was to keep the middle school and high school students busy over the spring break. They came up with a "Spring Clean Your Mind" challenge that encouraged youth to find healthy activities or hobbies to relax over the break. All participants had to post a picture of them doing an activity and tag the Coaltion to be entered into

a drawing for 3 different gifts baskets. Some of the prizes included passes to the Allen Theater, Miniature Golf Course, and a dessert baking set. Teens in Action also participated in fundraiser trash pickup through Keep Carlsbad Beautiful, at 6 mile dam. The youth group filled up over 12 huge trash bags! The money raised from the trash pickup will go towards the 5k event.





### **Coalition Connection Newsletter**

# OSAH – OFFICE OF SCHOOL AND ADOLESCENT HEALTH

**Description:** OSAH is a 4-year mental health grant. We will be implementing evidence-based suicide prevention programming with high school students, as well as early detection training for educators. Our staff will be trained in QPR (Question, Persuade and Refer) and Youth Mental Health First Aid, as well as creating marketing and awareness campaigns for our community.

140,000.00/yr Joana Wells / Julie Fuentes Tiffany Shirley / Hannah Ornelas

This month gunlocks and lethal means flyers were distributed at Coalition information table at Gus Smacker event. SOS meeting was held at P.R. Leyva, Alta Vista, CHS, and Early College. Sources of Strength focused on Healthy Activities. CHS set up a school wide egg hunt and youth who participated could enter a chance to win Sonic Gift Cards. Alta Visita created an art wall and highlighted fun healthy activities to participate in during Spring Break. P.R. Leyva created boards recognizing what persona, place, or thing makes them stronger.







### **Coalition Connection Newsletter**

### OSAP OFFICE OF SUBSTANCE ABUSE PREVENTION

**Description:** OSAP preventionists are committed to the implementation of evidence-based prevention programs and infrastructure development activities. OSAP delivers effective prevention services aimed at reducing alcohol, tobacco and other drug abuse, which includes reducing underage drinking, binge drinking and DWI, reducing prescription painkiller misuse and abuse, reducing adult binge drinking and DWI and reducing prescription painkiller opioid improving these goals by partnering with local law enforcement, school overdose related deaths. We work towards I administration, pharmacies, medical providers, parent trainings and many other community organizations.

1100,000.00/yr

### Joana Wells / Esther Hernandez / Tiffany Shirley / Hannah Ornelas

This month the OSAP team focused on the New Mexico Community Survey (NMCS). Each week flyers, posters, and public service announcements were aired and distributed to businesses all over Carlsbad and Loving, as well at Riverblitz and Gus Macker; encouraging all residents 18 years and older to take part in the survey. The answers from the survey help the Coalition and other community programs to collect data that can be utilized for providing resources and programs to our community. The link to the NMCS is on our homepage. There are opportunities for the participants to be entered into weekly drawings to win anywhere between \$100-\$500.

This month the Coaliton brought in Jason R Kilmer, PH.D. from the University of Washington for a community presentation, Breaking Down the Science behind Cannabis Trends. So far, all of the Carlsbad Municipal middle and high school staff have been able to participate in the presentation. The final presentation is scheduled for Monday, April 8th. If you are interested in watching the presentation, it will be open for public viewing on at SENMC, Room 153 (Instructional Bldg) from 2:10–3:10 PM.

The Coalition is well under way in the planning of the upcoming Prevention in Motion 5k Fun Run. All community youth and adults are encouraged to participate. The message behind our fun run is to be involved in healthy activities and inspire others to do so. The 5K will takes place on Saturday, April 20th. Registration will start at 8 am with the race kick off at 9 am. We still have a few food vendor spots available. If you are interested please reach out to Hannah at 575–256–0565. To sign up or learn more please click on the 5K link on the homepage.



### **Coalition Connection Newsletter**

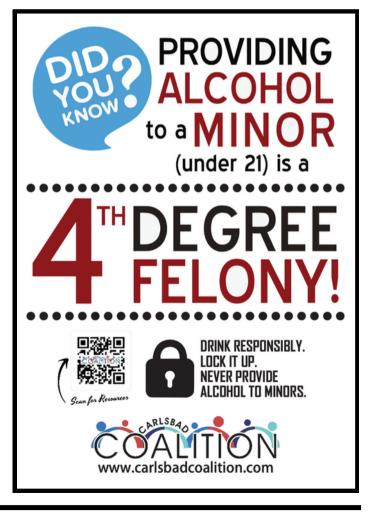
# STOP SOBER TRUTH ON PREVENTING UNDERAGE DRINKING

Description: The Sober Truth on Preventing Underage Drinking (STOP) program's goal is to expand evidence – based prevention initiatives to prevent and reduce alcohol use among youth ages 12–20. A youth council will lead community education and media messages for their peers as well as parents and other adults in the community. We use an evidence-based curriculum, All Star Core, with sixth grade students to establish positive norms and personal commitments to avoid risky behaviors (including substance use), promote boding to the school and peer group, and build positive parent/adult connections.

\$48,509.00/yr

Joana Wells / Julie Fuentes / Hannah Ornelas

All Stars completed Lesson 11 Defending Commitments. Youth discussed the importance of making commitment and defending the commitment. They strategies planned and practice their response when confronted with challenges leading them away from their commitment. Youth were able to help with planning celebration votina by which type of snacks they would like to have. We are currently in the planning stages with P.R. Leyva and Alta Visita to host an end of the year youth event on campus.





### **Coalition Connection Newsletter**

### TOP TEEN OUTREACH PROGRAM

\$50,150.00/yr Julie Fuentes Hannah Ornelas **Description:** Curriculum that promotes the positive development of adolescents through Wyman's Teen Outreach Program® (TOP®) is a youth curriculum-guided, interactive group discussions; positive adult guidance and support; and community service-learning projects. This program is funded through the New Mexico Department of Health/Family Planning Program. TOP is designed to meet the developmental needs of middle and high school teens and is focused on key topics related to adolescent health and development, including building social, emotional, and life skills; developing a positive sense of self; and connecting with others. The TOP Club meets for 9 months throughout the school year and requires 80% attendance and 25 service-learning hours in order to receive a graduation stipend of \$200.

TOP Club continues to work on Community Service Learning. Youth focused on setting up a Rock Painting Contest between mentor classes at LHS. The winning mentor class received a donut party, and the individuals with the best painted rocks won a gift card. Youth completed three lessons this month, Exploring Reasons and Risks of Sexual Activity, Exploring Media Messaging, and What is the Vision. They also planned an Egg Hunt at LHS. They filled eggs with motivational messages and numbered them. Students had an opportunity to find the eggs and enter to win a gift card.









### **Coalition Connection Newsletter**

### TEEN COURT

\$38,400.00/yr Esther Hernandez Hannah Ornelas Description: Teen Court is an alternative approach to juvenile sentencing. We receive misdemeanor cases from around Carlsbad, including Municipal Court, JPO, and Magistrate Court. Juveniles either plead guilty or no contest and are referred to Teen Court for their sentencing hearing. Sentencing is determined through a jury of their peers, which includes previous Teen Court defendants. The juvenile defendants are assigned volunteer youth attorneys as a defense team and are also prosecuted during a trial by another team of volunteer youth attorneys. Local attorneys and judges from Carlsbad volunteer their time, sitting in as Judge, for Teen Court trials every Tuesday. Teen Court is hosted by the City of Carlsbad's Municipal Court House and is funded in part by the United Way of Carlsbad and the City of Carlsbad.

We're looking for Teen Attorney volunteers! Come learn how the criminal justice system works and be mentored by professionals in the field! If you know a teen [or are one] that may be interested, contact Esther or Hannah for more information!





### **Coalition Connection Newsletter**

### TEENS IN



### **Hannah Ornelas**

Know a local retail business or food vendor that would like to join our 5K event on April 20th? Please share this flyer so they can get registered! We have a few spots left!



### **VENDORS WANTED!**

SATURDAY APRIL 20TH, 2024 8:00AM - 1:00PM

FOOD TRUCKS/VENDORS: \$50

LIMITED SPOTS AVAILABLE, REGISTER ONLINE NOW!





FOR MORE INFORMATION CALL 575-256-0565 EXT.6

OR DROP US AN EMAIL TO coalition.ornelas@gmail.com



SATURDAY, APRIL 20TH, 2024

CHECK-IN: 8:00AM

@ CARLSBAD BEACH BANDSHELL

RACE START: 9:00AM

AWARDS/PRIZE DRAWINGS: 11:00AM

1ST, 2ND, 3RD PLACE MEDALS +PRIZE DRAWINGS: EVERY RACE STATION COMPLETED = 1 ENTRY

### **REGISTER ONLINE:**

WWW.CARLSBADCOALITION.COM

Adults: \$10 // 6th-12th Grade: FREE

1st-5th Grade: Free WITH Adult Registration



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Join us!



### **Coalition Connection Newsletter**



