

NATIONAL DRUG &
ALCOHOL FACTS WEEK

???

FAMILY DINNER & CONVO

HAVE DINNER TOGETHER & GET THE
CONVERSATION MOVING (SEE ATTACHED
CONVO STARTER CARD)!

2 ENTRIES TO WIN AN AMAZON GIFT CARD:

- 1) POST A PIC AT DINNER AND TAG US!
- 2) ENTER TO WIN ON OUR WEBSITE!



NATIONAL DRUG &
ALCOHOL FACTS WEEK

DID YOU KNOW?

HIGH SCHOOL PERCEPTION OF THE RISK OF
USING MARIJUANA WEEKLY INCREASED
FROM 45% TO 49.3% BETWEEN 2022-2023.

2023 STRATEGIES FOR SUCCESS SURVEY



**NATIONAL DRUG &
ALCOHOL FACTS WEEK**

DID YOU KNOW?

**MIDDLE AND HIGH SCHOOL STUDENTS REPORTED
DECREASES IN GETTING ALCOHOL FROM
PARENTS AND PARTIES FROM 2022-2023.**

2023 STRATEGIES FOR SUCCESS SURVEY



NATIONAL DRUG &
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DID YOU KNOW?

STUDENTS SAY HEALTH REASONS, THEIR FUTURE
PLANS, AND OTHER NEGATIVE CONSEQUENCES
KEEP THEM FROM USING SUBSTANCES.

2023 STRATEGIES FOR SUCCESS SURVEY



NATIONAL DRUG & ALCOHOL FACTS WEEK

DID YOU KNOW?

STUDENTS SURVEYED SAID THEY THOUGHT OVER
40% OF THEIR CLASSMATES USED SUBSTANCES,
BUT ONLY BETWEEN 9-23% ACTUALLY DO.

2023 STRATEGIES FOR SUCCESS SURVEY



NATIONAL DRUG & ALCOHOL FACTS WEEK

DID YOU KNOW?

RESEARCH SHOWS THAT YOUNG PEOPLE WHO
START DRINKING BEFORE THE AGE OF 15 ARE AT A
HIGHER RISK FOR DEVELOPING ALCOHOL USE
DISORDER LATER IN LIFE.

2023 STRATEGIES FOR SUCCESS SURVEY



NATIONAL DRUG & ALCOHOL FACTS WEEK

DID YOU KNOW?

A LARGE PERCENTAGE OF YOUTH STATED THEY
GOT MARIJUANA FROM SOCIAL SOURCES.

KEEP ANY SUBSTANCES IN YOUR HOME

LOCKED UP SECURELY!

2023 STRATEGIES FOR SUCCESS SURVEY



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DID YOU KNOW?

OVER 92% OF MIDDLE & HIGH SCHOOLERS
ARE NOT MISUSING
PRESCRIPTION PAINKILLERS!

2023 STRATEGIES FOR SUCCESS SURVEY



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DID YOU KNOW?

USING ALCOHOL OR MARIJUANA AT A YOUNG AGE
CAN RESULT IN IRREVERSIBLE CHANGES IN THE
BRAIN THAT CAN IMPACT DECISION-MAKING,
PERSONALITY, MEMORY AND LEARNING.

MAYO CLINIC - HOW YOUTH MARIJUANA, ALCOHOL USE IMPACTS LIFE



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DID YOU KNOW?

THOSE WHO HAD USED CANNABIS 10+ TIMES BY AGE 18 WERE 2-3 TIMES MORE LIKELY TO BE DIAGNOSED WITH SCHIZOPHRENIA. 13% OF SCHIZOPHRENIA CASES COULD BE AVERTED IF CANNABIS USE WAS PREVENTED

ALL & DEGENHARDT, 2009; HALL, 2009; HALL 2013)



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DID YOU KNOW?

CANNABIS WITHDRAWAL AFTER DAILY
(OR NEAR-DAILY) USE CAN CAUSE PHYSICAL
SYMPTOMS LIKE ANGER, ANXIETY, DEPRESSION,
ABDOMINAL PAIN, FEVER, CHILLS AND MORE.

[NIDA.NIH.GOV/PUBLICATIONS/RESEARCH-REPORTS/MARIJUANA/MARIJUANA-ADDICTIVE](https://nida.nih.gov/publications/research-reports/marijuana/marijuana-addictive)



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DID YOU KNOW?

MANY PEOPLE BELIEVE
MARIJUANA IS NOT ADDICTIVE,
THAT IS FALSE!

[NIDA.NIH.GOV/PUBLICATIONS/RESEARCH-REPORTS/MARIJUANA/MARIJUANA-ADDICTIVE](https://nida.nih.gov/publications/research-reports/marijuana/marijuana-addictive)



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DID YOU KNOW?

MARIJUANA OVER 10% IS CONSIDERED
"HIGH POTENCY" AND CAUSES AN
INCREASED RISK OF PSYCHOSIS. OVER
80% OF LEGAL SALES ARE HIGH POTENCY.

GOYAL H AWADHH, GHALIJK. ROLE OF CANNABIS IN CARDIOVASCULAR
DISORDERS. J THORACDIS. 2017; 9(7):2079-2092.DOI:10.21037/JTD.2017.06.104)

